



## **Kristin Kohman**

Office Manager

When she was just 10-years-old and helping with business tasks, Kristin created an organizational system that was better than the one Mom, Roz Kovel, had taught her to use. That was the birth of her lifelong creative skills in the business administration arena.

Over the years, Kristin's interests and education have expanded to include Psychology, Anatomy and Physiology, Criminal Justice, and Writing. She attended culinary school at the Cooking & Hospitality Institute of Chicago which is affiliated with Le Cordon Bleu in France. She now reserves her excellent cooking skills for her family and friends. She is self-taught in the interior design area, helping friends and family improve the appearance of their homes and offices.

Kristin spent many years as a Veterinary Technician, not only working with patients but also re-designing the entire intake and document storage system. She has helped Roz Kovel with business administration and marketing programs, bringing her into the digital age. Kristin holds an Insurance Producer license and is an expert in the retirement planning arena. She continues to be Roz's 'right arm' in the smooth running of X-It Strategies.

When not working, Kristin spends time with her family, being a great mom to her two very active children; she and her husband have taught them to sit still so they can all enjoy their avid love of movies. She also loves cooking and rescuing dogs.